

Fact Sheet

Homeopathic Immunisation

What is Homeopathic Immunisation?

Homeopathic immunisation - also known as homeoprophylaxis - is a safe and effective way to protect you and your family against childhood and other epidemic diseases. It will even protect your farm and companion animals. The prophylactics (medicines or remedies) do not have to be given by a practitioner; they are safe for you to use yourself.

Homeopathic immunisation is effective against poliomyelitis, chickenpox, meningococcal disease, hepatitis (all types), Japanese encephalitis, Hib, influenza, measles, pneumococcal disease, cholera, smallpox, typhoid, typhus, whooping cough, rubella, mumps, diphtheria, malaria, tetanus, yellow fever, dysentery, and many other epidemic diseases. Communities around the world have used its protective effect for over two hundred years.

Homeopathic immunisation is safe for all ages. It protects babies through to the elderly and can even be used during pregnancy. It has none of the adverse reactions or side-effects associated with vaccines.

The prophylactics of homeopathic immunisation are prepared according to safe homeopathic principles. They are free of harmful components and capable of stimulating a strong protective response from the body, increasing its resistance to disease.

What is Involved?

The prophylactics are supplied as small, round, sugar pills that dissolve easily in the mouth. Children and adults love them as there is no unpleasant taste. When given to babies they may be first dissolved in a little water. Simple!

Prophylactics for childhood diseases are each given once a year (or less) for six years. Prophylactics for travellers are taken weekly when travelling through areas of risk.

Homeopathic Immunisation in History

Some past examples of homeopathic immunisation being used for protective purposes during serious epidemic diseases are:

- Nurses and patients protected by homeopathic immunisation at the London Homeopathic Hospital remained disease free during a three-year period in which they were regularly exposed to diphtheria.
- During a poliomyelitis epidemic in Buenos Aires, practitioners (homeopaths and doctors) distributed the homeopathic remedy *Lathyrus sativus* to over 40,000 people. Not one of the recipients developed polio during the epidemic despite repeated exposure.
- An Indian study showed that only 6.5% of people immunised homeopathically contracted influenza compared to the 20% who had not received the preventative. Those immunised homeopathically recovered more quickly and lost significantly less working hours than those who were not.
- The Indian government and their Public Health Centres distributed the homeopathic preventative, *Belladonna*, during an epidemic of Japanese encephalitis. A rapid decline in fatalities followed.
- Records from a smallpox epidemic in Iowa, USA, show that of 2806 individuals protected homeopathically, 547 had a known exposure to the highly contagious disease. Of those, 97.5% remained disease free.

Recent Research

Two recent meningococcal studies from Brazil (1974 and 1998) involving over 114,000 people showed that homeopathic immunisation provided 91–95% protection against meningococcal disease. The larger study was funded by the Brazilian government and conducted by a Brazilian university through its medical professors, doctors, and city officials.

Cuban medical researchers recently reported that in 2007 and 2008 their annual epidemic of *Leptospirosis* was prevented by homeopathic immunisation. Of the 2,500,000 people given the prophylactic only ten developed the disease, a marked contrast to the tens of thousands normally infected each year. In addition, no lives were lost and the program was highly cost-effective in comparison to the traditional and less effective vaccine programs.

A Comparison of Homeopathic Immunisation and Vaccines

The largest study in the world on the long-term health effects of homeopathic immunisation was completed at Melbourne's Swinburne University (Australia) in 2004. It found that:

- Homeopathic immunisation had a 90.4% efficacy against epidemic childhood diseases - a rate similar to or better than that of conventional vaccines.
- In contrast to vaccines, homeopathic immunisation was non-toxic and safe.

The study also looked at the relationship between four different immunisation choices (homeopathic immunisation, vaccination, a mixed naturopathic approach, and nothing) and the development of chronic disease in 781 children over a 12-year period. It found that of all groups, those who had been immunised homeopathically had the lowest incidence of chronic health problems. They suffered less asthma, eczema, allergies, and behavioural issues. The sickest children came from the fully vaccinated group. On asthma alone, they had a fifteen times greater incidence of the disease than un-vaccinated children.

Benefits of Homeopathic Immunisation

1. Homeopathic immunisation is extremely safe. It does not poison, create addictions, or produce toxic side-effects. Chemical interactions with other medicines do not happen. Homeopathy does not harm.
2. Instead of targeting the pathogen, bacteria or virus that causes the epidemic disease, homeopathic immunisation has its effect by naturally strengthening the resistance of the individual. For this reason, pathogens can never develop a resistance to the prophylactics.
3. Homeopathic immunisation protects against diseases for which no vaccine exists; for example, the 'B' strain of meningococcal (meningitis) disease that is responsible for most infections in countries such as Australia.
4. Homeopathic immunisation protects when vaccines may be unsuitable, (e.g. those who have already had an adverse vaccine reaction, the malnourished, the sick and debilitated, the immune-compromised, the pregnant, those allergic to vaccine materials, and those on steroids.)
5. Recent Australian research showed that homeopathic immunisation provided 90.4% protection against childhood infectious diseases. This figure is consistent with overseas studies. It also compares favourably with the 75-95% protection rates offered by vaccines.
6. Homeopathic immunisation is easily distributed and dispensed. One dose usually consists of a small, round, sugar pill that is dissolved in the mouth - pleasant for all ages. It does not need needles or syringes, require refrigeration, or depend on teams of trained health workers for distribution or administration. It is clean, natural, environmental medicine at its best.

Travellers and Animals Too

Homeopathic immunisation protects against diseases encountered by travellers, such as malaria, typhoid, hepatitis, dengue fever, Japanese encephalitis, and more. Studies have shown that malaria, for instance, is well managed by homeopathic immunisation without the creation of resistant pathogens. As malaria kills up to three million people annually and the parasite responsible is now becoming resistant to standard medicines, this knowledge alone is invaluable for the traveller.

Homeopathic immunisation also works for animals. It prevents many diseases such as panleukopenia and feline enteritis in cats, and kennel cough, parvovirus, heartworm and distemper in dogs. One study on kennel cough, for instance, showed that the number of new infections in dogs entering a boarding kennel during an epidemic fell from 90% to less than 2% following the prophylactic. Other prophylactics have also been shown to prevent problems such as stillbirths in pigs and udder infections in cows.

What is Homeopathy?

Homeopathy is a gentle, safe system of medicine for the treatment and prevention of disease. Small doses of energetic medicines (remedies) are given to strengthen the body's own ability to heal and increase its resistance to infection. Homeopathy uses the phenomena of a natural law, the Law of Similars, to prescribe medicines according to 'like treats like'. That is, substances that produce a set of symptoms in the healthy are given to prevent or relieve similar symptoms in the unwell. In this way, homeopathy treats both acute and chronic health problems of either a physical or mental-emotional nature by supporting the body's own efforts to correct its state of ill-health.

Over the past two hundred years the popularity of homeopathy has steadily increased as people have become aware of its ability to safely and gently treat (or prevent) the most stubborn of health problems. Today, it is the obvious choice of treatment for both young and old in the 21st century.

Further information and references: *The studies and examples cited in this fact sheet can be found on The Do No Harm Initiative site at: www.d-n-h.org or by emailing: office@homeopathyplus.com.au*

Consultations for homeopathic immunisation: *Available either in person or by phone (at Clinic expense). For appointment enquiries, phone: 02 4304 0822 (Australian callers) or +61 2 4304 0822 (International callers).*